

Bluegrass State Games FINAL Schedule Three throws/jumps only
Saturday (July 15) Eastern High School, 12400 Old Shelbyville Road, Louisville, Ky

Age group races will run oldest to youngest

10:00 AM 3000 combined (1 heat)

100 hurdles girls 13-14 30"

100 hurdles girls 15 & up 33"

100 hurdles boys 33"

110 hurdles 39"

110 hurdles 42"

100 Girls followed by boys

1500 Girls (1 heat) followed by boys (1 heat)

1500 racewalk (1 heat)

4x100 Meter Relay

400

300 Meter Hurdles 300 Start

400 Meter Hurdles 400 Start

800 Meter Run 1 heat women, 1 heat men

200 Meter Dash 200 Start

4x400 Meter Relay

Medley Relay 600-200-400-1200 Each team must have 1. at least 1 female runner 2. either a masters(40+) or pre-teen(12 & under) 3. 1 & 2 must be separate runners

**10 AM Broad jump All girls/boys 6 & Under at pit nearest the timing trailer
warm up at 9:30 followed by softball throw. Turbojav will follow the softball throw**

10:00 AM-11:00 Long jump open pit girls on pit by 300 start

11:15-12:15 Long jump open pit boys on pit by 300 start

12:30-1:00 Triple jump open pit girls/boys combined

10 AM Pole Vault Pole vault warmup 9:00-10:00 Competition starts at 10:00

10:00-11:00 Girls shot

11:15-12:15 Boys shot

10:00-11:15 Boys Discus

11:30-12:30 Girls Discus

10:00 High Jump Boys & Girls combined

12:45 Javelin Boys & Girls combined